



## Product Formula Certificate

**Product Name:** Fibre & Full  
**Product Code:** SN040  
**Product Type:** Powder  
**Product Category:** Food / Food Supplement  
**Commodity Code:** 21069092  
 Manufactured in the United Kingdom under UK GMP standards  
 This product is freely sold in the UK and EU  
**Country Of Origin:** GB  
**Country Of Manufacture:** GB

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### INGREDIENTS per 5 gram serving

Description / Ingredient	Input per		More Information
	5g Powder Mix in grams	% of Content	
Psyllium Husks (Whole)	2.8835	57.67%	Providing : 2883.50mg of Psyllium Husks
Konjac Powder	1.0550	21.10%	Providing 949.50mg of Glucomannan
Sugar Beet Fibre	0.3772	7.54%	
L-Glutamine Powder	0.2275	4.55%	Providing : 227.50mg of L-Glutamine
Fructo-oligosaccharides (FOS)	0.2000	4.00%	Providing : 200.00mg of FOS
Fennel Seed Powder	0.1010	2.02%	Providing : 101.00mg of Fennel Seed
Peppermint Leaf Powder	0.1005	2.01%	Providing : 100.50mg of Peppermint Leaf
Ginger Root powder (ORGANIC)	0.0505	1.01%	Providing : 50.50mg of Ginger Root
Bifidobacterium Bifidum 100B/g	0.0026	0.05%	Providing 0.26Billion of Bifidobacterium Bifidum
Lactobacillus Acidophilus 200B/g	0.0013	0.03%	Providing 0.26Billion Organisms of Lactobacillus Acidophilus
Stevia Extract 97% Rebaudiosides	0.0010	0.02%	

**Per 5g Serving:**

**5.00 100.00%**

**Suitability Of Formula:**

Suitable For Vegetarians	YES
Suitable For Vegans	YES
Suitable for Halal Submission	YES
Suitable for Kosher Submission	YES
Allergen Free	YES

## BIOLOGICAL AND CHEMICAL STANDARDS

Method	Specification	Result	Units
TVC	< 100,000	Conforms	cfu/g
Detection of E. Coli	Negative	Not Detected	in 25g
Mould	< 1000	Conforms	cfu/g
Yeast	< 1000	Conforms	cfu/g
Detection of Salmonella spp by ELISA	Negative	Not Detected	in 25g

### Heavy Metals Levels

Method	Specification	Result	Units
Arsenic (As)	< 1	Conforms	ppm
Cadmium (Cd)	< 1	Conforms	ppm
Mercury (Hg)	< 0.1	Conforms	ppm
Lead (Pb)	< 3	Conforms	ppm

Healthy Story LLP confirms that the information contained in this document is correct to the best of our knowledge. This product batch was produced in compliance with relevant food regulations and international food safety standards, and conforms to agreed product specifications and labelling requirements. This product is compliant with UK and EU regulations on pesticide residues in or on food, it has not been treated with ionising radiation, it is free from GMO, and free from BSE/TSE contamination risk.

### Approved EFSA Health Claims can be made on:

Glucomannan  
Sugar Beet Fibre

Last Updated: 20 June 2024