



HEALTHY
story international

Product Formula Certificate



OWN LABEL

Product Name: GreeNourish Powder
Product Code: SN105
Product Type: Food powder blend
Product Category: Food Powder / Food Supplement
Commodity Code: 21069092
 Manufactured in the United Kingdom under UK GMP standards
Country Of Origin: GB
Country Of Manufacture: GB

Healthy Story LLP, 27 Old Gloucester Street, London, WC1N 3AX, United Kingdom, +44 800 048 5030
 info@zdravaprica.com

Description / Ingredient

Pre-Sprouted Aktivated Barley (*Hordeum vulgare*)
ALLERGEN (GLUTEN)
 Lucuma (*Pouteria lucuma*)
 Linseed (Flaxseed) (*Linum usitatissimum*)
 Wheat Grass (*Triticum aestivum*)
ALLERGEN (possible cross contamination with wheat grain)
 Moringa Leaf (*Moringa oleifera*)
 Barley Grass Leaf (*Hordeum vulgare*)
ALLERGEN (possible cross contamination with barley grain)
 Quinoa (*Chenopodium quinoa*)
 Acai Berry (*Euterpe oleracea*)
 Baobab Fruit Pulp (*Adansonia digitata*)
 Kelp (*Ascophyllum nodosum*)
 Spirulina (*Arthrospira platensis*)
ALLERGEN (naturally occurring SULPHITE)
 Turmeric (*Curcuma longa*)
 Alfalfa (*Medicago sativa*)
 Maca Root (*Lepidium meyenii*)
 Acerola Fruit (17% Vitamin C) (*Malpighia glabra*)
 Almond Mushroom Fruiting Body (*Agaricus blazei*)
 Apple (*Malus domestica*)
 Asparagus Root (*Asparagus racemosus*)
 Beetroot (*Beta vulgaris*)
 Bilberry (*Vaccinium myrtillus*)
 Black Pepper (*Piper nigrum*)
 Blueberry Fruit (*Vaccinium spp (cyanococcus)*)
 Broccoli (*Brassica oleracea italica*)
 Carrot Root (*Daucus carota*)
 Chaga Mushroom Fruiting Body (*Inonotus obliquus*)
 Chlorella (broken cell wall) (*Chlorella vulgaris*)
ALLERGEN (naturally occurring SULPHITE)
 Cordyceps Mushroom Fruiting Body (*Ophiocordyceps sinensis*)
 Fennel Seed (*Foeniculum vulgare*)
 Green Tea Leaf (*Camellia sinensis*)
 Kale (*Brassica oleracea acephala*)
 Lion's Mane Mushroom Fruiting Body (*Hericium erinaceus*)
 Maitake Mushroom Fruiting Body (*Grifola frondosa*)
 Nettle Leaf (*Urtica dioica*)
 Olive Leaf (*Olea europaea*)
 Parsley Leaf (*Petroselinum crispum*)
 Peppermint Leaf (*Mentha piperita*)
 Reishi Mushroom Fruiting Body (*Ganoderma lucidum*)
 Shiitake Mushroom Fruiting Body (*Lentinula edodes*)
 Siberian Ginseng (*Eleutherococcus senticosus*)
 Spinach Leaf (*Spinacia oleracea*)



GB-ORG-05
EU/Non-EU Agriculture



ORGANIC, KOSHER & HALAL REGISTERED

Nutritional Information:

| Typical values | 100g Per 15g %RI* per contains serving serving | | |
|--------------------------|---|--------|-----|
| Energy | 1474kJ | 221kJ | 3% |
| | 350kcal | 53kcal | 3% |
| Fat | 5.1g | 0.8g | 1% |
| of which saturates | 0.8g | 0.1g | 1% |
| of which monounsaturates | 1.0g | 0.2g | - |
| of which polyunsaturates | 2.9g | 0.5g | - |
| Carbohydrate | 49.7g | 7.5g | 3% |
| of which sugars | 6.8g | 1.0g | 2% |
| Fibre | 17.1g | 2.6g | - |
| Protein | 10.6g | 1.6g | 3% |
| Salt | 0.1g | 0.0g | 0% |
| Vitamins | Per 100g Per 15g %NRV** | | |
| Vitamin C | 125mg | 18.7mg | 23% |

This pot contains a minimum of 20 servings

RI* = Reference Intake of an average adult
(8400kJ / 2000kcal)

NRV** = Nutrient Reference Value

INGREDIENTS (Organic, dried, powdered): Pre-Sprouted Activated **BARLEY** (*Hordeum vulgare*), Lucuma (*Pouteria lucuma*), Linseed (Flaxseed) (*Linum usitatissimum*), **WHEAT** Grass (*Triticum aestivum*), Moringa Leaf (*Moringa oleifera*), **BARLEY** Grass Leaf (*Hordeum vulgare*), Quinoa (*Chenopodium quinoa*), Acai Berry (*Euterpe oleracea*), Baobab Fruit Pulp (*Adansonia digitata*), Kelp (*Ascophyllum nodosum*), Spirulina (*Arthrospira platensis*) (**SULPHITES**), Turmeric (*Curcuma longa*), Alfalfa (*Medicago sativa*), Maca Root (*Lepidium meyenii*), Acerola Fruit (*Malphigia glabra*), Almond Mushroom Fruiting Body (*Agaricus blazei*), Apple (*Malus domestica*), Asparagus Root (*Asparagus racemosus*), Beetroot (*Beta vulgaris*), Bilberry (*Vaccinium myrtillus*), Black Pepper (*Piper nigrum*), Blueberry Fruit (*Vaccinium spp (cyanococcus)*), Broccoli (*Brassica oleracea italica*), Carrot Root (*Daucus carota*), Chaga Mushroom Fruiting Body (*Inonotus obliquus*), Chlorella (broken cell wall) (*Chlorella vulgaris*) (**SULPHITES**), Cordyceps Mushroom Fruiting Body (*Ophiocordyceps sinensis*), Fennel Seed (*Foeniculum vulgare*), Green Tea Leaf (*Camellia sinensis*), Kale (*Brassica oleracea acephala*), Lion's Mane Mushroom Fruiting Body (*Heridium erinaceus*), Maitake Mushroom Fruiting Body (*Grifola frondosa*), Nettle Leaf (*Urtica dioica*), Olive Leaf (*Olea europaea*), Parsley Leaf (*Petroselinum crispum*), Peppermint Leaf (*Mentha piperita*), Reishi Mushroom Fruiting Body (*Ganoderma lucidum*), Shiitake Mushroom Fruiting Body (*Lentinula edodes*), Siberian Ginseng (*Eleutherococcus senticosus*), Spinach Leaf (*Spinacia oleracea*)

ALLERGY ADVICE: for allergens see ingredients in **BOLD**

The **SULPHITES** are naturally occurring

Group 2 Nutritional Analysis



TEST CERTIFICATE

Medcalfe Way Bridge Street Chatteris Cambridgeshire PE16 6QZ England
Telephone: 01354 695858

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Mr Craig Garkov
Specialist Supplements Ltd
Unit 4
East Street Enterprise Park
Rhayader, Powys
LD6 5ER
Wales

Certificate Number: TCHC1892711-1 Final
Date Reported: 11/02/2025
Date Analysis Started: 04/02/2025
Order Number:

| Lab Ref. | Sample Details | Method Number | Test | Result | Units | Flag |
|------------|--|---------------|---|--------|-------------|------|
| CHC2363692 | Desc: Example Sample Date Received: 30/01/2025 Date Tested: 04/02/2025 | AMC/801 | Moisture (Loss on Drying) | 6.9 | g / 100g | * |
| | | AMC/224 | Protein (Nx6.25) | 10.6 | g / 100g | * |
| | | AMC/1015 | Total Fat (NMR) | 5.1 | g / 100g | * |
| | | AMC/803 | Ash | 2.8 | g / 100g | * |
| | | AMC/801 | Total Carbohydrate (by difference) | 74.6 | g / 100g | * |
| | | AMC/309 | Total Dietary Fibre (AOAC) | 18.1 | g / 100g | * |
| | | AMC/901 | Available Carbohydrate (by difference) | 56.5 | g / 100g | * |
| | | AMC/901 | Energy | 350 | kcal / 100g | * |
| | | AMC/901 | Energy | 1474 | kJ / 100g | * |
| | | AMC/1014 | Total Sugar | 6.8 | g / 100g | * |
| | | AMC/901 | Starch (Determined by Difference) | 49.7 | g / 100g | * |
| | | AMC/1002 | Sodium (ICP-OES) | 56.7 | mg / 100g | * |
| | | AMC/1002 | Sodium Expressed as Salt | 0.14 | g / 100g | * |
| | | AMC/107 | Saturated Fatty Acids (in sample) | 0.82 | g / 100g | * |
| | | AMC/107 | Monounsaturated Fatty Acids (in sample) | 1.07 | g / 100g | * |
| | | AMC/107 | Polyunsaturated Fatty Acids (in sample) | 2.96 | g / 100g | * |
| CHC2363693 | Desc: Example Sample 2 Date Received: 30/01/2025 Date Tested: 06/02/2025 | AMV/710 | Vitamin C (as Ascorbic Acid) | <125 | mg / 100g | * |

The results for saturated, monounsaturated and polyunsaturated fatty acids in the sample use a 0.956 conversion factor for non fatty acid material in the fat.

The values above for the total monounsaturated fatty acids and total polyunsaturated fatty acids are inclusive of both cis and trans components.

Certificate approved and electronically signed on 10/02/25 20:20

Certificate approved and electronically signed on 11/02/25 09:07

By Gemma A. Parr, Section Head Vitamins and Additives

By Sara O'Reilly, Section Head

For and on Behalf of ALS Laboratories (UK) Limited

Disclaimers:

The testing results in this certificate relate only to the samples described above.

Unless otherwise stated, all results are expressed on an as received basis.

Statement of conformity made against the result does not take into account the uncertainty of measurement associated to the method.

Opinions and interpretations expressed herein are outside the scope of UKAS accreditation.

** Indicates a test which is not included in the UKAS accreditation schedule of this laboratory.

Chemistry Samples will be retained for a period of 14 calendar days from the date reported unless otherwise agreed in writing with the Laboratory.

Only flagged items will be indicated as such.



ALS Laboratories (UK) Limited - Registered in England: Company number 02391955

Gluten Test (very low)



SGS Cambridge Limited Certificate of Analysis

Unit 1
The Links
Bar Hill
Cambridgeshire
CB23 8UD
Tel: 01954 782791
Fax: 01954 782183

SGS Cambridge Limited, Reg Office:
Units 1 & 2 The Links, Trillick Way,
Bar Hill, Cambridgeshire CB23 8UD
Registered in England No 02514788

Report Number : 950198 001
Date of issue : 11-May-2023
Customer : Specialist Supplements Ltd
Contact : Mr C Garkov
Address : Unit 4, East Street Enterprise Park
Rhayader, Powys, LD6 5ER
Samples Received : 04-May-2023
Analysis Started : 09-May-2023
SGS Job Reference : 950198-1
Analysis Requested : Allergens
Sample Description : GreenNourish Powder
Batch Number : 10523012
Customer Reference : SN105

Results Summary

| Analyte | Level Found | Technique | Units | Symbol |
|-----------------|-------------|-----------|-------|--------|
| Allergens | | | | |
| Gluten Allergen | 62 | ELISA | ppm | SU |

The results reported relate to samples received in the laboratory and may not be representative of a whole batch. Customers are responsible for information provided where, if incorrect, it could affect the validity of the results. This report should not be reproduced except in full without the written approval of the laboratory. Tests covered by this certificate were conducted in accordance with SGS Cambridge Limited SOPs. All results have been reviewed in accordance with SGS Cambridge Limited's Quality SOP 015 (CBG-Q-SOP-015)

Index to symbols used in this report

| Value | Description |
|-------|-----------------------------|
| S | Analysis was subcontracted |
| U | Analysis is UKAS accredited |

Report checked
and authorised by :
Lisa Mowbray
Customer Services Advisor

Issued by :
Lisa Mowbray
Customer Services Advisor

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950198 001

Serving Size: **15g**
 Scoop Size: **50ml**

Suitability Of Formula:

Suitable For Vegetarians **YES**
 Suitable For Vegans **YES**
 Suitable for Halal Submission **YES**
 Suitable for Kosher Submission **YES**
 Allergen Free:
 Contains BARLEY, WHEAT (Gluten)

NOTE: Manufactured in a factory which processes Cereals, **NO**
 Egg, Milk, Fish, Nuts, Soy, Mustard, Seeds and products
 derived from Crustaceans
 See label for details.

BIOLOGICAL AND CHEMICAL STANDARDS

| Method | Specification | Result | Units |
|--------------------------------------|---------------|--------------|--------|
| TVC | < 100,000 | Conforms | cfu/g |
| Detection of E. Coli | Negative | Not Detected | in 25g |
| Mould | < 1000 | Conforms | cfu/g |
| Yeast | < 1000 | Conforms | cfu/g |
| Detection of Salmonella spp by ELISA | Negative | Not Detected | in 25g |

Heavy Metals Levels

| Method | Specification | Result | Units |
|--------------|---------------|----------|-------|
| Arsenic (As) | < 1 | Conforms | ppm |
| Cadmium (Cd) | < 1 | Conforms | ppm |
| Mercury (Hg) | < 0.1 | Conforms | ppm |
| Lead (Pb) | < 3 | Conforms | ppm |

Healthy Story LLP confirms that the information contained in this document is correct to the best of our knowledge. This product batch was produced in compliance with relevant food regulations and international food safety standards, and conforms to agreed product specifications and labelling requirements. This product is compliant with UK and EU regulations on pesticide residues in or on food, it has not been treated with ionising radiation, it is free from GMO, and free from BSE/TSE contamination risk.

Approved EFSA Health Claims can be made on:

Vitamin C - per 15g serving (16% NRV)
 High dietary fibre (barley grain)

Last Updated: 20 January 2025