

## Product Formula Certificate



Healthy Story LLP,  
27 Old Gloucester Street,  
London, WC1N 3AX, United Kingdom,  
+44 800 048 5030  
info@zdravaprica.com



**Product Name:** MENOstage  
**Product Code:** SN015  
**Product Type:** Capsule  
**Product Category:** Food / Food Supplement  
**Commodity Code:** 21069092  
Manufactured in the United Kingdom under UK GMP standards  
**Country Of Origin:** GB  
**Country Of Manufacture:** GB

### INGREDIENTS per 1 capsule

Description / Ingredient	QTY (mg)	% of Content	More Information
Capsule Shell, Size 0 HPMC, Clear/Clear	96.00	17.01%	Hydroxypropyl Methylcellulose
Brown Rice Flour	155.00	27.46%	
Schisandra Chinesis Powder	100.00	17.71%	Equivalent to 100mg of Schisandra Powder
Wild Yam Extract 10:1	80.00	14.17%	Equivalent to 800mg of Wild Yam Powder
Red Clover Extract 30:1	26.70	4.73%	Equivalent to 800mg of Red Clover Powder Providing: 2.14mg of Flavones
Alfalfa Powder (Meticago sativa)	20.00	3.54%	Equivalent to 20mg of Alfalfa
Bamboo Leaf Extract 10:1 (Bambusa Vulgaris)	20.00	3.54%	Equivalent to 200mg of Bamboo Powder Providing: 15.00mg Silica
Sage Leaf Extract 10:1	20.00	3.54%	Equivalent to 200mg of Sage Leaf Providing 8.00mg of Isoflavones Providing : 4.00mg of Daidzin Providing : 2.00mg of Glycitin Providing : 0.02mg of Genistin Providing : 0.02mg of Daidzein Providing : 0.02mg of Glycitein Providing : 0.02mg of Genistein
Soya Isoflavones 40% Allergen: SOYBEANS	20.00	3.54%	Providing : 0.02mg of Genistin Providing : 0.02mg of Daidzein Providing : 0.02mg of Glycitein Providing : 0.02mg of Genistein
Hops Extract 7.5:1	10.67	1.89%	Equivalent to 80.03mg of Hops powder
Zinc Citrate Powder	7.99	1.42%	Providing 2.50mg of Zinc (25% NRV)
Vitamin B6 (Pyridoxine Hydrochloride)	6.10	1.08%	Providing 5mg of Vitamin B6 (357% NRV)
Kelp Extract 4.5:1 (minimum 1% Iodine)	1.25	0.22%	Equivalent to 5mg of Kelp Powder Providing 12.5mcg Iodine (8.33% NRV)
Siberian Ginseng Extract 25:1	0.80	0.14%	Equivalent to 20mg of Siberian Ginseng Powder

### Average Weight including shell:

**564.51 100.00%**

No more that 10% of Capsules / Tablets outside these weights

522.17 | 606.85

No Capsules / Tablets outside these weights

489.83 | 649.19

### Suitability Of Formula:

Suitable For Vegetarians

**YES**

Suitable For Vegans

**YES**

Suitable for Halal Submission

**YES**

Suitable for Kosher Submission

**YES**

Allergen Free

**NO**

Contains **SOYA**

**INGREDIENTS:** Brown Rice Flour (Oryza Sativa), Schizandra Chinesis Berries Powder, Capsule Shell: Hydroxypropyl Methylcellulose (HPMC), Wild Yam Extract (Dioscorea polystachya), Red Clover Extract (Trifolium pratense), Alfalfa Powder (Meticago sativa), Bamboo Extract (Bambusa vulgaris), Sage Leaf Extract (Salvia officinalis), **SOYA** Isoflavones (40% isoflavones), Hops Extract (Humulus lupulus), Zinc Citrate, Vitamin B6 (Pyridoxine hydrochloride), Kelp Extract (Ascophyllum nodosum), Siberian Ginseng Extract (Eleutherococcus senticosus).

**ALLERGY ADVICE:** for allergens, see ingredients in **BOLD**.

## BIOLOGICAL AND CHEMICAL STANDARDS

Method	Specification	Result	Units
TVC	< 100,000	Conforms	cfu/g
Detection of E. Coli	Negative	Not Detected	in 25g
Mould	< 1000	Conforms	cfu/g
Yeast	< 1000	Conforms	cfu/g
Detection of Salmonella spp by ELISA	Negative	Not Detected	in 25g

### Heavy Metals Levels

Method	Specification	Result	Units
Arsenic (As)	< 1	Conforms	ppm
Cadmium (Cd)	< 1	Conforms	ppm
Mercury (Hg)	< 0.1	Conforms	ppm
Lead (Pb)	< 3	Conforms	ppm

Healthy Story LLP confirms that the information contained in this document is correct to the best of our knowledge. This product batch was produced in compliance with relevant food regulations and international food safety standards, and conforms to agreed product specifications and labelling requirements. This product is compliant with UK and EU regulations on pesticide residues in or on food, it has not been treated with ionising radiation, it is free from GMO, and free from BSE/TSE contamination risk.

**Approved EFSA Health Claims can be made on:**  
Vitamin B6  
Zinc

Last Updated: 31 January 2024