



Product Name: VitNourish
Product Code: M9584
Product Category: Food Supplement
Product Type: Capsule
Commodity Code: 21069092
 Manufactured in the United Kingdom under UK GMP standards
Country Of Origin: GB
Country Of Manufacture: GB

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INGREDIENTS per 1 capsule

Description / Ingredient	QTY (mg)	% of Content	More Information
Capsule Shell, Size 1, HPMC, Clear/Clear	76.00	16.59%	Hydroxypropyl Methylcellulose
Brown Rice Flour, Gluten Free	65.00	14.19%	
Ascorbic Acid fine powder	40.40	8.82%	Providing : 40.00mg of Vitamin C (50% NRV)
Alfalfa Herb Powder (Medicago Sativa)	40.00	8.73%	Providing : 40.00mg of Alfalfa herb
Psyllium Husk Powder (Plantago Ovata)	40.00	8.73%	Providing : 40.00mg of Psyllium Husk
Sugar Beet Fibre (Beta Vulgaris)	40.00	8.73%	Providing : 38.00mg of Oligofructans (FOS)
Fucus Vesiculosus Powder	40.00	8.73%	Providing : 40.00mg of Fucus Vesiculosus Providing : 0.03mg (30mcg) Iodine (18.6% NRV)
Iron Glycinate	35.00	7.64%	Providing 7.00mg of Iron (50% NRV)
Zinc Citrate	16.67	3.64%	Providing 5.00mg of Zinc (50% NRV)
Nicotinamide (Vitamin B3)	16.16	3.53%	Providing 16.00mg NE of Niacin (Vitamin B3) (100% NRV)
Vitamin E Natural 1210iu/g succinate powder	14.88	3.25%	Providing 18.0048iu of Vitamin E (100% NRV)
Tri-Manganese Citrate Decahydrate 22% Mn	9.09	1.98%	Providing 2.00mg of Manganese (100% NRV)
D-calcium Pantothenate USP/EP (Vitamin B5)	6.52	1.42%	Providing 6.00mg of Pantothenic Acid (Vitamin B5) (100% NRV)
Seleno-Methionine 0.5%	5.50	1.20%	Providing 27.50mcg of Selenium (50% NRV)
Vitamin K2 Menaquinone MK7 1.3%	3.17308	0.69%	Providing 37.50mcg of Vitamin K2 (50% NRV)
Lactobacillus Acidophilus 200B/g	2.75	0.60%	Providing 0.5Billion of Lactobacillus Acidophilus (2.75mg including 10% overage)
Pyridoxine Hydrochloride (Vitamin B6)	1.71	0.37%	Providing 1.40mg of Vitamin B6 (100% NRV)
Riboflavin USP/EP (Vitamin B2)	1.40	0.31%	Providing 1.40mg of Vitamin B2 (100% NRV)
Thiamin Hydrochloride USP/EP (Vitamin B1)	1.36	0.30%	Providing 1.10mg of Thiamin (Vitamin B1) (100% NRV)
Vitamin D3 Cholecalciferol 100,000iu/g	1.10	0.24%	Providing 100iu (2.5mcg) of Vitamin D3 (50% NRV)
Bifidobacterium Lactis 500B/g	1.10	0.24%	Providing 0.5Billion CFU of Bifidobacterium Lactis (1.10mg including 10% overage)
Folic Acid USP/EP	0.200020	0.04%	Providing 200.00mcg of Folic Acid (100% NRV)
Potassium Iodide (Iodine)	0.049020	0.01%	Providing 37.5mcg of Iodine (25% NRV)
D-Biotin	0.027503	0.01%	Providing 25.00mcg of Biotin (50% NRV)
Cyanocobalamin pure (Vitamin B12)	0.002505	0.00%	Providing 2.50mcg of Vitamin B12 (100% NRV)

Average Weight including shell: **458.09** | **100.00%**

Suitability Of Formula:

Suitable For Vegetarians	YES
Suitable For Vegans	NO
Suitable for Halal Submission	YES
Suitable for Kosher Submission	YES
Allergen Free	YES

MICROBIOLOGICAL STANDARDS

Test	Specification	Result
Total viable count (TVC)	NMT 10,000 cfu/g	Conforms
Total yeasts & moulds count (TYMC)	NMT 1,000 cfu/g	Conforms
Detection of E. coli	0 cfu in 1g (negative)	Conforms
Detection of Salmonella spp (ELISA)	0 cfu in 25g (negative)	Conforms

CHEMICAL STANDARDS

Test	Specification	Result
Lead (Pb)	NMT 3.0 ppm or mg/kg	Conforms
Arsenic (As)	NMT 1.0 ppm or mg/kg	Conforms
Cadmium (Cd)	NMT 1.0 ppm or mg/kg	Conforms
Mercury (Hg)	NMT 0.1 ppm or mg/kg	Conforms

Cadmium spec. is NMT 3.0 mg/kg for products containing \geq 80% dried seaweed/bivalve molluscs.

Healthy Story LLP confirms that the information contained in this document is correct to the best of our knowledge. This product batch was produced in compliance with relevant food regulations and international food safety standards, and conforms to agreed product specifications and labelling requirements. This product is compliant with UK and EU regulations on pesticide residues in or on food, it has not been treated with ionising radiation, it is free from GMO, and free from BSE/TSE contamination risk.

Approved EFSA Health Claims can be made on:
All vitamins and minerals with an NRV of 15% plus.

Last updated on: 15 September 2024